

# **Course Catalog**

To take a course, visit our website at <u>https://www.mindfulceus.com</u> - You can link directly to a course by visiting https://www.mindfulceus.com/course/ID where ID is the ID number listed next to the course.

#### **Alcohol and Drug CEUs**

Code	Course	Hours	Cost
1440	Analyzing Drugs of Abuse: Overview, Treatment, and Prevention	2.00	\$12.00
1101	Classifying Drugs of Abuse	4.00	\$24.00
635	Clinical Supervision Approaches in Counseling Professions	3.00	\$18.00
1418	Clinical Supervision for Substance Abuse Treatment Professionals	2.00	\$12.00
1016	Common Comorbidities with Substance Use Disorders	2.00	\$12.00
1189	Drug-Free Approaches to Pain Management	2.00	\$12.00
1014	Drugs, The Brain, and Behavior: 2018 Update	1.00	\$6.00
1037	EMDR for Alcohol Use Disorder	1.00	\$6.00
2485	Ethical Considerations with Individuals Experiencing Substance Use Disorders	3.00	\$18.00
1322	Evaluating the Therapeutic Value of Psychedelics	2.00	\$12.00
1116	Evidence-Based Practices to Prevent Substance Misuse Among Young Adults	3.00	\$18.00
1015	Exploring Substance Use in Women	2.00	\$12.00
1423	Harm Reduction in Substance Misuse	2.00	\$12.00
2425	How Behavioral Health Providers Are Addressing Substance Misuse Trends and Outcomes	1.00	\$6.00
711	Illicit Drug Use, Disorders, and Overdose Deaths in the U.S.	1.00	\$6.00
1079	Implementing Motivation-Enhancing Strategies in Substance Use Disorder Treatment	8.00	\$48.00
1115	Marijuana Use Prevention Among Pregnant and Postpartum Women	2.00	\$12.00
2445	Navigating the Fentanyl Crisis in America	1.00	\$6.00
1078	Overview of First-Episode Psychosis and Co-Occurring Substance Misuse	1.00	\$6.00
818	Preparing for a Tobacco-Free Generation	1.00	\$6.00

Code	Course	Hours	Cost
689	Raising Drug Free Children	2.00	\$12.00
779	Research-Based Principles of Drug Addiction Treatment	2.00	\$12.00
617	Self-Regulation and Adolescence	2.00	\$12.00
606	Substance Abuse Among School-Aged Children	5.00	\$30.00
846	Substance Abuse Counselor Ethics, Confidentiality, and Boundaries	9.00	\$54.00
765	Substance Abuse Prevention in Early Childhood	3.00	\$18.00
2543	Suicide Risk Assessment, Prevention, and Intervention	3.00	\$18.00
766	Tobacco, Nicotine, and E-Cigarette Use, Dependence, and Treatment	2.00	\$12.00
2399	Treating Opioid Use Disorder	3.00	\$18.00
819	Treating Pregnant and Parenting Women with Opioid Use Disorder	6.00	\$36.00
898	Treatment Elements of Alcohol-Focused Behavioral Couples Therapy	2.00	\$12.00
1460	Treatment for Co-Occurring Behavioral Health Disorders	2.00	\$12.00
897	Utilizing Medication-Assisted Treatment for Opioid Disorders in Rural Settings	2.00	\$12.00

### Early Childhood CEs

Code	Course	Hours	Cost
803	Essential Strategies to Prevent Child Abuse and Neglect	2.00	\$12.00
1240	Ethical Concerns When Working with Children and Adolescents	4.00	\$24.00
1474	How Mood Disorders Impact Children	2.00	\$12.00
1003	Overdiagnosis of Mental Disorders in Children and Adolescents	1.00	\$6.00
689	Raising Drug Free Children	2.00	\$12.00
606	Substance Abuse Among School-Aged Children	5.00	\$30.00
765	Substance Abuse Prevention in Early Childhood	3.00	\$18.00
964	Supporting Children Victimized by Human Trafficking	2.00	\$12.00
543	The Effects of Child Maltreatment on Brain Development	1.00	\$6.00
1357	Trends in Children's Mental Health	1.00	\$6.00

# Education CEUs Code Course Hours Cost

1266	Behavioral Health Considerations in the LGBTQ Community	1.00	\$6.00
2475	Best Practices in End-of-Life Care	1.00	\$6.00
1101	Classifying Drugs of Abuse	4.00	\$24.00
1391	Decreasing Medical Errors and Minimizing Clinical Risks	3.00	\$18.00
1207	Decreasing Medical Errors in Healthcare	2.00	\$12.00
2411	Dialectical Behavioral Therapy Skills and Interventions	2.00	\$12.00
1189	Drug-Free Approaches to Pain Management	2.00	\$12.00
1202	Ensuring Cultural Competence in Behavioral Health	2.00	\$12.00
1273	Exploring and Preventing Youth Suicide	1.00	\$6.00
2425	How Behavioral Health Providers Are Addressing Substance Misuse Trends and Outcomes	1.00	\$6.00
2457	Human Trafficking, Identification, Intervention, and Treatment in the Healthcare Setting	2.00	\$12.00
899	Incorporating Positive Psychology Into Schools	1.00	\$6.00
1323	Issues Impacting American Indian and Alaska Native Populations Across the Lifespan	3.00	\$18.00
2458	Poverty Effects on Social Determinants of Health	1.00	\$6.00
818	Preparing for a Tobacco-Free Generation	1.00	\$6.00
737	Preventing Sexual Violence	2.00	\$12.00
1356	Prevention, Identification, and Treatment of Domestic Violence	3.00	\$18.00
1229	Promoting Behavioral Health in the Workplace	2.00	\$12.00
2465	Psychology of Pain Symptom Management	1.00	\$6.00
949	Psychosocial Problems Facing School-Aged Youth	6.00	\$36.00
679	Reducing Medical Errors and Decreasing Risk	2.00	\$12.00
617	Self-Regulation and Adolescence	2.00	\$12.00
1119	Sexual Harassment Prevention	1.00	\$6.00
1174	Sleep Disorders	1.00	\$6.00
606	Substance Abuse Among School-Aged Children	5.00	\$30.00
765	Substance Abuse Prevention in Early Childhood	3.00	\$18.00
634	Surveying Professional Needs, Perspectives, and Ethics in School Counseling	4.00	\$24.00
766	Tobacco, Nicotine, and E-Cigarette Use, Dependence, and Treatment	2.00	\$12.00
2493	Treatment of Men and Women Who Have Experienced Intimate Partner Violence	1.00	\$6.00
1357	Trends in Children's Mental Health	1.00	\$6.00

#### **Ethics CEUs**

Code	Course	Hours	Cost
1240	Ethical Concerns When Working with Children and Adolescents	4.00	\$24.00
2485	Ethical Considerations with Individuals Experiencing Substance Use Disorders	3.00	\$18.00
1353	Ethical Principles in Behavior Health: Implicit Bias	1.00	\$6.00
1128	Ethics and Legal Regulations for Behavioral Health Professionals	2.00	\$12.00
1260	Ethics for Clinical Social Workers	2.00	\$12.00
1269	Ethics for Marriage and Family Therapists	2.00	\$12.00
1284	Exploring Dual Relationships and Boundary Crossings in Ethical Clinical Practice	1.00	\$6.00
846	Substance Abuse Counselor Ethics, Confidentiality, and Boundaries	9.00	\$54.00

#### Free CEUs

Code	Course	Hours	Cost
543	The Effects of Child Maltreatment on Brain Development	1.00	\$6.00

#### **HIV CEUs**

Code	Course	Hours	Cost
479	STDs Update: Part Two	4.00	\$24.00
476	STDs Update: Prevention, Special Populations, HIV and Syphilis	6.00	\$36.00

#### **Mental Health CEUs**

Code	Course	Hours	Cost
1373	Addressing the Rise in Anxiety and Depression	2.00	\$12.00
1102	Analyzing the Effectiveness of Positive Psychology Interventions	3.00	\$18.00
1090	Anger Management: A Cognitive-Behavioral Approach	3.00	\$18.00

Code	Course	Hours	Cost
1266	Behavioral Health Considerations in the LGBTQ Community	1.00	\$6.00
1254	Behavioral Health Services for Homeless Populations	1.00	\$6.00
993	Best Practice Guidelines for Prescribing Antipsychotic Medication to Youth	3.00	\$18.00
1101	Classifying Drugs of Abuse	4.00	\$24.00
635	Clinical Supervision Approaches in Counseling Professions	3.00	\$18.00
1016	Common Comorbidities with Substance Use Disorders	2.00	\$12.00
1442	Culturally Responsive Care in Mental Health	2.00	\$12.00
1050	Delivering Culturally Responsive Behavioral Health Services to American Indians & Alaska Natives	8.00	\$48.00
1122	Depression in New Mothers	2.00	\$12.00
1300	Depression in Older Adults	1.00	\$6.00
2411	Dialectical Behavioral Therapy Skills and Interventions	2.00	\$12.00
1170	Digital Mental Health	2.00	\$12.00
1014	Drugs, The Brain, and Behavior: 2018 Update	1.00	\$6.00
1037	EMDR for Alcohol Use Disorder	1.00	\$6.00
942	Encouraging Cognitive Complexity in the Counseling Profession	1.00	\$6.00
803	Essential Strategies to Prevent Child Abuse and Neglect	2.00	\$12.00
1353	Ethical Principles in Behavior Health: Implicit Bias	1.00	\$6.00
616	Evaluating Grant Programs that Support Healthy Marriage	3.00	\$18.00
804	Evaluating Interactions Between Youth and Mental Health Professionals	2.00	\$12.00
1116	Evidence-Based Practices to Prevent Substance Misuse Among Young Adults	3.00	\$18.00
858	Evidence-Based Treatments for Self-Injurious Behaviors in Youth	3.00	\$18.00
747	Examining the Impact of Over-Involved Parenting	1.00	\$6.00
1015	Exploring Substance Use in Women	2.00	\$12.00
1482	Exploring the Interplay Between Physical and Mental Health	2.00	\$12.00
994	Eye-Movement Desensitization Reprocessing (EMDR) Therapy for PTSD and Beyond	2.00	\$12.00
1217	Fostering Brain Health Throughout the Lifespan	2.00	\$12.00
1062	HIPAA Privacy Rule and Sharing Information	2.00	\$12.00
1049	How Family Variables Impact Cyberbullying Perpetration and Victimization	2.00	\$12.00
1071	How Gaming and Social Media Use Impacts Adolescent Functioning	1.00	\$6.00
1474	How Mood Disorders Impact Children	2.00	\$12.00

Code	Course	Hours	Cost
711	Illicit Drug Use, Disorders, and Overdose Deaths in the U.S.	1.00	\$6.00
1079	Implementing Motivation-Enhancing Strategies in Substance Use Disorder Treatment	8.00	\$48.00
899	Incorporating Positive Psychology Into Schools	1.00	\$6.00
875	Integrating Behavioral Health and Primary Care	7.00	\$42.00
1213	Integrative Psychotherapy	2.00	\$12.00
1070	Interventions to Prevent Youth Suicide	5.00	\$30.00
973	Intimate Partner Violence: Prevalence, Impact, and Treatment	3.00	\$18.00
1115	Marijuana Use Prevention Among Pregnant and Postpartum Women	2.00	\$12.00
755	Measuring Sexual Orientation, Attraction, and Gender Identity Among Youth to Improve Outcomes	3.00	\$18.00
1175	Mental Health for Veterans	1.00	\$6.00
1003	Overdiagnosis of Mental Disorders in Children and Adolescents	1.00	\$6.00
1078	Overview of First-Episode Psychosis and Co-Occurring Substance Misuse	1.00	\$6.00
1173	Personality Disorders	2.00	\$12.00
830	Pornography, Violence, and Sexual Exploitation	3.00	\$18.00
2458	Poverty Effects on Social Determinants of Health	1.00	\$6.00
818	Preparing for a Tobacco-Free Generation	1.00	\$6.00
737	Preventing Sexual Violence	2.00	\$12.00
2419	Promoting Inclusivity in Mental Health Practice	2.00	\$12.00
426	Psychiatric Needs of Detained Youth Before and After Detention	4.00	\$24.00
2465	Psychology of Pain Symptom Management	1.00	\$6.00
949	Psychosocial Problems Facing School-Aged Youth	6.00	\$36.00
1299	Psychotic Disorders	1.00	\$6.00
689	Raising Drug Free Children	2.00	\$12.00
652	Reactive Attachment Disorder: Overview and Interventions	2.00	\$12.00
779	Research-Based Principles of Drug Addiction Treatment	2.00	\$12.00
1061	Self-Objectification, Socialization Effects, and Disordered Eating	3.00	\$18.00
617	Self-Regulation and Adolescence	2.00	\$12.00
1174	Sleep Disorders	1.00	\$6.00
778	Social Anxiety Disorder in Youth	2.00	\$12.00
1324	Social Media and Mental Health	2.00	\$12.00
479	STDs Update: Part Two	4.00	\$24.00

Code	Course	Hours	Cost
476	STDs Update: Prevention, Special Populations, HIV and Syphilis	6.00	\$36.00
606	Substance Abuse Among School-Aged Children	5.00	\$30.00
846	Substance Abuse Counselor Ethics, Confidentiality, and Boundaries	9.00	\$54.00
765	Substance Abuse Prevention in Early Childhood	3.00	\$18.00
2543	Suicide Risk Assessment, Prevention, and Intervention	3.00	\$18.00
964	Supporting Children Victimized by Human Trafficking	2.00	\$12.00
634	Surveying Professional Needs, Perspectives, and Ethics in School Counseling	4.00	\$24.00
543	The Effects of Child Maltreatment on Brain Development	1.00	\$6.00
1164	The Impact on Mental Health During a Pandemic	2.00	\$12.00
1195	The Stigma of Men's Mental Health	2.00	\$12.00
1091	Therapeutic Interventions for Obsessive-Compulsive Disorder	2.00	\$12.00
766	Tobacco, Nicotine, and E-Cigarette Use, Dependence, and Treatment	2.00	\$12.00
941	Tools For Recovery After a Suicide Attempt	2.00	\$12.00
363	Trauma-Informed Care for Behavioral Health Service Providers	12.00	\$72.00
819	Treating Pregnant and Parenting Women with Opioid Use Disorder	6.00	\$36.00
898	Treatment Elements of Alcohol-Focused Behavioral Couples Therapy	2.00	\$12.00
1460	Treatment for Co-Occurring Behavioral Health Disorders	2.00	\$12.00
1157	Understanding Grief And Loss	2.00	\$12.00
1036	Understanding Mental Health Issues Faced by Minority College Students	2.00	\$12.00
1450	Understanding Serious Mental Illness	2.00	\$12.00
897	Utilizing Medication-Assisted Treatment for Opioid Disorders in Rural Settings	2.00	\$12.00

## Mindfulness CEUs

Code	Course	Hours	Cost
1223	Assessing the Behavioral Health of Millennials	2.00	\$12.00
2475	Best Practices in End-of-Life Care	1.00	\$6.00
2411	Dialectical Behavioral Therapy Skills and Interventions	2.00	\$12.00
1202	Ensuring Cultural Competence in Behavioral Health	2.00	\$12.00
1273	Exploring and Preventing Youth Suicide	1.00	\$6.00
1217	Fostering Brain Health Throughout the Lifespan	2.00	\$12.00

Code	Course	Hours	Cost
1474	How Mood Disorders Impact Children	2.00	\$12.00
2466	Implicit Bias for Social Workers	1.00	\$6.00
2493	Treatment of Men and Women Who Have Experienced Intimate Partner Violence	1.00	\$6.00

# Supervision CEUs

Code	Course	Hours	Cost
635	Clinical Supervision Approaches in Counseling Professions	3.00	\$18.00
1418	Clinical Supervision for Substance Abuse Treatment Professionals	2.00	\$12.00
1134	Clinical Supervision in Behavioral Health	2.00	\$12.00
1453	Clinical Supervision Methods and Models	3.00	\$18.00
1290	Guidelines for Clinical Supervision	3.00	\$18.00
2543	Suicide Risk Assessment, Prevention, and Intervention	3.00	\$18.00