

Mindful Continuing Education

Ethics and Legal Regulations for Behavioral Health Professionals

1. All behavioral health providers are responsible for adhering to each of the following laws/regulations EXCEPT?

- A. Mandatory reporting
 - B. Duty to warn
 - C. HIPAA laws
 - D. FERPA regulations
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2. While behavioral health providers are encouraged to stay abreast of local and state regulations, the only requirements they are legally required to comply with are federal laws.

- A. True
 - B. False
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3. All of the following are examples of dual relationships EXCEPT for:

- A. Belonging to a softball team with a patient
 - B. Seeing a patient in the community pool weekly
 - C. Running into a patient at the grocery store once
 - D. Knowing a patient's father very well
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4. Which of the following requires mandatory reporting?

- A. Financial exploitation
 - B. Physical abuse
 - C. Mental abuse
 - D. All of the above
-

5. Duty to Warn laws only apply if there is reasonable cause to believe the patient could harm someone else.

- A. True
 - B. False
-

6. All behavioral health professionals adhere to the same set of ethics requirements.

- A. True**
 - B. False**
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7. HIPAA requires all but which of the following kinds of safeguards?

- A. Physical safeguards**
 - B. Technological safeguards**
 - C. Verbal safeguards**
 - D. Administrative safeguards**
-

8. Mandatory reporting laws apply to who?

- A. Children**
 - B. Aging individuals who require care**
 - C. Individuals with intellectual disabilities**
 - D. All of the above**
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9. Holding the status as a mandatory reporter means that a professional is required, due to moral and principled obligations, to report any situation where there is probable cause to believe that abuse, neglect, or exploitation has occurred.

- A. True**
 - B. False**
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10. The following can provide support to providers with concerns about ethics

- A. Supervisors**
 - B. Ethics committees**
 - C. Veteran clients**
 - D. Both A and B**
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11. Each of the following is an accurate example of what constitutes a mandated reporting situation EXCEPT:

- A. Mandatory reporters must have witnessed the abuse, neglect, or exploitation firsthand**
- B. Mandatory reporters may have witnessed boundary violations towards the vulnerable person**
- C. The mandated reporter may have received information verbally from the vulnerable person or another person who knows the individual indicating a potentially abusive situation**
- D. The mandated reporter may have seen physical signs of harm on the vulnerable**

person

12. Emotional abuse is defined as any attitude, behavior, or failure to act that interferes with a vulnerable person's mental health or that:

- A. Creates subjective trauma**
 - B. Causes undue feelings of intimidation and embarrassment**
 - C. Involves gestures or threats**
 - D. Impedes social development**
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