

Mindful Continuing Education

Clinical Supervision for Social Workers

1. According to the Association of Social Work Boards and National Association of Social Workers Best Practices in Clinical Supervision publication, which of the following is not a domain that describes the activities of supervision?

- A. Educational
 - B. Supportive
 - C. Informational
 - D. Administrative
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2. Clinical supervision provides all of the following except:

- A. Protection for clients
 - B. Assurance for organizations and agencies
 - C. Support for practitioners
 - D. Ensuring social workers are competent and uphold their standards
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3. What agency determines the amount of hours a supervisee needs for their advanced license?

- A. The National Association of Social Workers
 - B. The State Social Work Licensing Board
 - C. The Association of Social Work Boards
 - D. The Department of Public Health
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4. The common techniques used in individual clinical supervision include all of the following except:

- A. Group processing
 - B. Verbal self-report
 - C. Audio and/or video recording
 - D. Live observation
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5. What is one limitation of verbal self-reporting in individual clinical supervision?

- A. It should not be used with direct observation methods.
 - B. The supervisor may receive incomplete information from the supervisee.
 - C. Role-playing is always used, which can make supervisee's uncomfortable.
 - D. The supervisee shares complete information and accurately describes their skills.
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6. Which of the following is not a risk management strategy for liability?

- A. Screening a supervisee before agreeing to start the supervision relationship.
 - B. Having a mutually agreed upon contract that outlines all aspects of the supervision process.
 - C. Documenting the supervision session separate from the supervisee.
 - D. Providing regular updates to the social work board about what you are discussing in supervision.
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7. In what situation can a supervisor ethically share personal information with a supervisee?

- A. When they have a difficult case and need to process how they feel about it.
 - B. When it supports the goals supervision.
 - C. When their manager gives them permission.
 - D. When it is most beneficial for the supervisor.
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8. What type of platform should be used if a supervisor is conducting clinical supervision virtually?

- A. A platform that works well with their internet connection.
 - B. A social media platform.
 - C. An online education and training platform.
 - D. A HIPAA compliant platform.
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9. Which of the following is not a strength of psychotherapy-based models?

- A. They promote growth and change.
 - B. They can model therapeutic approaches.
 - C. They are standardized and easy to use.
 - D. They help supervisee's better understand their client's experience in therapy.
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10. One limitation of developmental models of supervision is:

- A. They can be specialized to one type of clinical practice.
 - B. They do not consider the learning style of the supervisee.
 - C. They have the potential to blur boundaries between the supervisor and supervisee.
 - D. They do not consider social work practice laws and regulations.
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