

Mindful Continuing Education

Clinical Supervision for Substance Abuse Treatment Professionals

1. Administrative supervision includes

- A. management of productivity and compliance
 - B. supporting learning objectives
 - C. developing supervisees understanding of ethical standards
 - D. focus on supervisees morale
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2. Goals of clinical supervision include all but

- A. protect the welfare of the client
 - B. act as a gatekeeper for the profession
 - C. promote the supervisees growth
 - D. assessing organizational structure
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3. In this model of supervision, the goal is to help supervisee progress to the next level by accurately identifying their current level and intervening appropriately

- A. Psychotherapy-based model
 - B. Integrative model
 - C. Developmental Model
 - D. Competence-based model
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4. In this model of supervision, that which is useful in bringing about change with clients is likely to be useful in bringing about change with supervisees

- A. Psychotherapy-based model
 - B. Integrative model
 - C. Developmental Model
 - D. Competence-based model
-

5. These items should be included in a supervisory contract except

- A. Goals of Supervision
 - B. Evaluation procedure
 - C. Methods of supervision
 - D. Days off for holidays
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6. Giving your supervisee your personal cell phone number could be seen as

- A. Boundary Crossing
 - B. Boundary Violation
 - C. Multiple Relationships
 - D. Integrative Supervision
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7. While each professional association all have slightly different guidelines for clinical supervision, the one they all agree on is:

- A. sexual relationships with supervisees is prohibited
 - B. dual relationships are always boundary violations
 - C. supervisors are responsible for every decision supervisee makes
 - D. supervision should be scheduled once a week
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8. Clinical supervisors ensure behavioral health professionals are

- A. licensed in their state
 - B. operating within the standards of practice
 - C. recognizing the signs of burnout
 - D. completing educational programming
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9. The most important responsibility of a clinical supervisor is to

- A. empower the supervisee's decision making
 - B. monitor the supervisee's development
 - C. protect the welfare of the client
 - D. promote the supervisee's growth
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10. Supervision must be

- A. in person
 - B. documented
 - C. diverse
 - D. structured
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11. Supervisory contracts should include

- A. mutually agreed upon goals
 - B. community needs
 - C. agency needs
 - D. state regulations
-

12. At times supervisors may need to recommend

- A. breaking up with partners
 - B. vacations
 - C. going out for a beer
 - D. dismissal from programs or termination of employment
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13. Steps towards developing your own model of supervision include

- A. selecting a theory that comes closest to your beliefs
 - B. asking your supervisee what they need
 - C. asking your supervisor what you should adopt
 - D. following what agency dictates
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14. Supervisors are responsible for addressing cultural considerations because

- A. it's important
 - B. supervisees may be reluctant to do so
 - C. the United States is a diverse country
 - D. the agency lacks cultural competence
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15. Bartering and accepting gifts from a supervisee is

- A. illegal
 - B. unethical
 - C. negligent
 - D. malpractice
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16. Vicarious liability is

- A. assigning a supervisee a duty they are not competent in
 - B. when a supervisor violates an administration regulation
 - C. the supervisor is held responsible for the actions of their supervisee even if there is no direct negligence on the supervisors part
 - D. failure to provide an established standard of care
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17. The supervision contract serves

- A. as the foundation of the supervisory relationship
 - B. as a protection against burnout
 - C. as a protection against liability lawsuits
 - D. as an ethical standards documentation
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18. The state of mental and physical exhaustion caused by one's professional life is

- A. secondary traumatic stress
 - B. burnout
 - C. post traumatic stress disorder
 - D. acute stress disorder
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19. Supervisors are expected to be knowledgeable of their associations code of ethics and

- A. their state regulations
 - B. their supervisees course schedule
 - C. integrative development model of supervision
 - D. best practices for accepting gifts
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20. Supervisees (and supervisors) should monitor themselves for physical, emotional, or psychological _____

- A. burnout
 - B. abuse
 - C. disclosure
 - D. impairment
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