

Mindful Continuing Education

Clinical Supervision for Substance Abuse Treatment Professionals

1. Administrative supervision includes

- A. management of productivity and compliance
- B. supporting learning objectives
- C. developing supervisees understanding of ethical standards
- D. focus on supervisees morale

2. Goals of clinical supervision include all but

- A. protect the welfare of the client
- B. act as a gatekeeper for the profession
- C. promote the supervisees growth
- D. assessing organizational structure

3. In this model of supervision, the goal is to help supervisee progress to the next level by accurately identifying their current level and intervening appropriately

- A. Pscyhotherapy-based model
- B. Integrative model
- C. Developmental Model
- D. Competence-based model

4. In this model of supervision, that which is useful in bringing about change with clients is likely to be useful in bringing about change with supervisees

- A. Pscyhotherapy-based model
- B. Integrative model
- C. Developmental Model
- D. Competence-based model

5. These items should be included in a supervisory contract except

- A. Goals of Supervision
- B. Evaluation procedure
- C. Methods of supervision
- D. Days off for holidays

6. Giving your supervisee your personal cell phone number could be seen as

- A. Boundary Crossing
- B. Boundary Violation
- C. Multiple Relationsihp
- D. Integrative Supervision

7. While each professional associations all have slightly different guidelines for clinical supervision, the one they all agree on is:

- A. sexual relationships with supervisees is prohibitted
- B. dual relationships are always boundary violations
- C. supervisors are responsible for every decision supervisee makes
- D. supervision should be scheduled once a week

8. Clinical supervisors ensure behavioral health professionals are

- A. licensed in their state
- B. operating within the standards of practice
- C. recognizing the signs of burnout
- D. completing educational programing

9. The most important responsibility of a clinical supervisor is to

- A. empower the supervisees decision making
- B. monitor the supervisees development
- C. protect the welfare of the client
- D. promote the supervisees growth

10. Supervision must be

- A. in person
- B. documented
- C. diverse
- D. structured

11. Supervisory contracts should include

- A. mutually agreed upon goals
- B. community needs
- C. agency needs
- D. state regulations

12. At times supervisors may need to recommend

- A. breaking up with partners
- B. vacations
- C. going out for a beer
- D. dismissal from programs or termination of employment

13. Steps towards developing your own model of supervision include

- A. selecting a theory that comes closest to your beliefs
- B. asking your supervisee what they need
- C. asking your supervisor what you should adopt
- D. following what agency dictates

14. Supervisors are responsible for addressing cultural considerations because

- A. it's important
- B. supervisees may be reluctant to do so
- C. the United States is a diverse country
- D. the agency lacks cultural competence

15. Bartering and accepting gifts from a supervisee is

- A. illegal
- B. unethical
- C. negligent
- D. malpractice

16. Vicarious liability is

- A. assigning a supervisee a duty they are not competent in
- B. when a supervisor violates an administration regulation
- C. the supervisor is held responsible for the actions of their supervisee even if there is no direct negligence on the supervisor's part
- D. failure to provide an established standard of care

17. The supervision contract serves

- A. as the foundation of the supervisory relationship
- B. as a protection against burnout
- C. as a protection against liability lawsuits
- D. as an ethical standards documentation

18. The state of mental and physical exhaustion caused by one's professional life is

- A. secondary traumatic stress
- B. burnout
- C. post traumatic stress disorder
- D. acute stress disorder

19. Supervisors are expected to be knowledgeable of their associations code of ethics and

- A. their state regulations
- B. their supervisees course schedule
- C. integrative development model of supervision
- D. best practices for accepting gifts

20. Supervisees (and supervisors) should monitor themselves for physical, emotional, or psychological _____

- A. burnout
- B. abuse
- C. disclosure
- D. impairment

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