

Mindful Continuing Education

Decreasing Medical Errors and Minimizing Clinical Risks

1. "The failure of a planned action to be completed as intended or the use of a wrong plan to achieve an aim" is the definition of what?

- A. risk management
 - B. error prevention
 - C. medical error
 - D. clinical risk
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2. The first step when working with a client experiencing suicidal ideations is

- A. complete a safety plan
 - B. complete a suicide risk assessment
 - C. refer to a higher level of care
 - D. create a treatment plan
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3. One aspect that leads to diagnostic errors is

- A. cognitive bias
 - B. cognitive reasoning
 - C. ignorance
 - D. providers' lack of empathy
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4. A misdiagnosis may have all of the following effects on a client except

- A. mistrust in the provider and/or system
 - B. confusion
 - C. worsening condition
 - D. successful medication results
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5. Medication errors are most likely to occur in the following setting

- A. Outpatient Substance Abuse Treatment
 - B. Outpatient Community Mental Health Agency
 - C. Private Practice Setting
 - D. Mental Health Hospital
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6. Most states mandatory reporting laws cover the following vulnerable populations except

- A. Children
 - B. Elderly
 - C. Disabled
 - D. Immigrants
-

7. The minimum standard that must be met for a mandated reporter to make a report is

- A. reasonable suspicion
 - B. when the abuse is witnessed
 - C. when the abuse is directly disclosed
 - D. when another person can corroborate the allegation
-

8. _____ are unethical, exploitive, and harmful to the client.

- A. Boundary Crossing
 - B. Boundary Violation
 - C. Social Justice
 - D. Conflicts of Interest
-

9. Viewing a clients social media account

- A. can be entertaining
 - B. can inform the provider on areas to address in the next session
 - C. may be unethical based on one's professional code of ethics
 - D. helps verify they are following their treatment plan
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10. Providers using social media in a professional capacity should have

- A. Social Media Policy
 - B. accept friend requests from previous clients
 - C. solicit testimonials for their business page
 - D. offer clinical advice to commenters
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11. When replying to unsolicited emails, providers need to be aware not to

- A. ask screening questions to determine persons appropriateness for treatment
 - B. create a provider-client relationship
 - C. encourage to seek help locally
 - D. politely share they are unable to help
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12. Risks of texting with a client may include

- A. Client Empowerment
 - B. Threats to privacy and confidentiality
 - C. Improved accessibility
 - D. Strengthening therapeutic alliance
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13. Part of informed consent involves assessing clients

- A. Capacity to give consent
 - B. ability to pay for treatment
 - C. capability to commit to therapy
 - D. risk of harm to self or others.
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14. Information that should be included on a telehealth informed consent form but not on an in-person consent form:

- A. Location of client
 - B. Number of pets owned
 - C. Emergency contact person
 - D. Contact Phone Number
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15. If a client threatens to kill themselves, a provider is no longer bound to confidentiality because

- A. Threats are criminal and should be reported to the police
 - B. The client is in need of documentation to be admitted to hospital.
 - C. Disclosure is necessary to prevent serious, foreseeable, and imminent harm
 - D. The informed consent for said so.
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16. When providing services in multiple jurisdictions, the clinician must be aware that laws may differ across states regarding all except

- A. age of consent
 - B. HIPAA compliance
 - C. records retention
 - D. mandated reporting
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17. The most common error for Electronic Health Records is

- A. inadequate training
 - B. software crashes
 - C. errors can not be corrected once submitted
 - D. accidentally documenting information for the wrong client
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18. Which of the following has been associated with self-perceived errors among physicians?

- A. decreased quality of life
 - B. improved future confidence
 - C. new learning opportunities
 - D. increased trust with clients
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19. Anger, erosion of trust, decreased respect, or feelings of betrayal are all examples of

- A. effects of error on clinician
 - B. effects of errors on client
 - C. effects of errors on the client-clinical relationship
 - D. effects of errors on institution
-

20. Part of a provider's effective coping skills after a medical errors include

- A. denying error
 - B. addressing negative emotions
 - C. ignoring negative emotions
 - D. problem solving the error
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21. A key aspect of responding to a colleagues' error is

- A. giving them contact information of an attorney
 - B. asking them to share the details surrounding the error
 - C. giving them examples of other colleagues' who have made errors
 - D. not minimizing the importance of the incident
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22. This type of review aims to identify an error's underlying cause or causes.

- A. Root Cause Analysis
 - B. Failure Mode Effects Analysis
 - C. Medical Error Review Analysis
 - D. Work Place Design Analysis
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23. _____ is a psychological syndrome characterized by emotional exhaustion, depersonalization, and a reduced sense of personal accomplishment.

- A. Compassion Fatigue
 - B. Secondary Victim
 - C. Burnout
 - D. PTSD
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24. _____ is equal to, if not greater, the reason for medical errors as unsafe medical workplace conditions.

- A. Burnout
 - B. Insufficient training
 - C. Institutional culture of blame
 - D. Sleep deprivation
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25. One way of increasing error reporting is by providing

- A. computer monitoring for adverse events
 - B. anonymous adverse event reporting
 - C. increased supervision
 - D. reconciling client medication
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26. One general strategy to reduce risk across multiple areas is

- A. discharging clients immediately when their insurance lapses
 - B. checking in on clients between sessions via text or email
 - C. using the newest and emerging treatment techniques
 - D. Accurate and timely documentation
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27. Which of the following is an example of an adaptive coping strategy that can help prevent burnout?

- A. Increasing client contact between sessions
 - B. Practicing mindfulness and maintaining work-life balance
 - C. Avoiding discussions with colleagues about work-related stress
 - D. Taking on additional high-need clients to build resilience
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28. Therapists should provide services

- A. To anyone who asks for them
 - B. Only within the boundaries of their education and training
 - C. To anyone who can pay
 - D. To clients who are assigned to them by their supervisor.
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29. _____ with a current or former client is considered unethical and may be illegal.

- A. Sexual contact
 - B. Boundary Violation
 - C. Being Facebook friends
 - D. Texting
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30. _____% of psychiatrist (and other behavioral health providers) will experience the death of a client by suicide

- A. 10%
 - B. 25%
 - C. 50%
 - D. 75%
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