

# Mindful Continuing Education

## Ethics for Marriage and Family Therapists

**1. Ethical standards cover the following except:**

- A. Responsibilities to clients
  - B. Confidentiality
  - C. Professional Integrity
  - D. Cultural competency
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**2. \_\_\_\_\_ are unethical, exploitive and harmful to the client.**

- A. Boundary Crossings
  - B. Boundary Violations
  - C. Social Justice Infractions
  - D. Conflicts of Interest
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**3. Maintaining professional boundaries is the responsibility of:**

- A. The Client
  - B. The MFT
  - C. All parties involved
  - D. The Agency Administration
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**4. Marriage and Family Therapists should**

- A. Follow their clients on social media to hold them accountable.
  - B. Have therapeutic conversations through social media private message.
  - C. Be aware that personal affiliations may increase the likelihood that clients may discover the MFT's presence online.
  - D. Assist clients with job search through LinkedIn promotion.
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**5. The following are all examples of dual relationships EXCEPT:**

- A. Social Dual Relationship
  - B. Professional Dual Relationship
  - C. Institutional Dual Relationship
  - D. Cultural Dual Relationship
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**6. Part of informed consent involves assessing clients**

- A. Capacity to give consent
  - B. ability to pay for treatment
  - C. capability to commit to therapy
  - D. risk of harm to self or others.
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**7. Risks of texting with a client may include:**

- A. Client Empowerment
  - B. Threats to privacy and confidentiality
  - C. Improved accessibility
  - D. Strengthening therapeutic alliance
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**8. If a client threatens to kill someone, a marriage and family therapist is no longer bound to confidentiality because**

- A. Threats are criminal and should be reported to the police
  - B. The client is in need of documentation to be admitted to hospital.
  - C. Disclosure is necessary to prevent serious, foreseeable, and imminent harm to another
  - D. The informed consent for said so.
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**9. Marriage and Family Therapists should provide services**

- A. To anyone who asks for them
  - B. To anyone who can pay for them
  - C. Only within the competencies of their education and training
  - D. To clients who are assigned to them by their supervisor.
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**10. You see another MFT at your agency of employment acting unethically you need to intervene because you have a responsibility**

- A. To clients
  - B. To AAMFT
  - C. To practice setting
  - D. To broader community
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**11. Diversity includes all the below EXCEPT**

- A. Race & Ethnicity
  - B. Sexual Orientation & Gender Identity
  - C. Religious & Spiritual Beliefs
  - D. Self Reflection & Cultural Humility
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**12. Which of the following situations is not an example of a boundary violation?**

- A. Jenny is especially fond of her client and her progress so gifts her with crystal glassware for her engagement
  - B. Paul shakes hands and briefly converses with his client after he introduces his wife to Paul at the grocery store
  - C. Caitlin is hesitant to refer her client to another case manager because “I don’t think someone else will get him as I do.”
  - D. Rose accepts an expensive food basket from her grateful client because she is afraid the client will not understand and stop coming to appointments
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**13. Finish the sentence. Ethical standards...**

- A. Cannot guarantee ethical behavior
  - B. Can improve mft competence
  - C. Can improve documentation
  - D. Should not impact social media usage
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**14. While some dual relationships are unavoidable, the code of ethics is clear this one is avoidable and unethical**

- A. Business Dual Relationship
  - B. Social Dual Relationship
  - C. Internet Dual Relationship
  - D. Sexual Relationship
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**15. Being able to give informed consent includes all except**

- A. has the capacity to consent
  - B. has been adequately informed of potential risks and benefits of treatments
  - C. has paid their insurance copay
  - D. has freely and without undue influence expressed consent
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**16. AAMFT core competencies of professionalism include all except**

- A. Keeping social media settings private
  - B. Utilize consultation and supervision effectively.
  - C. Write plans and complete other case documentation
  - D. Monitor personal reactions to clients and treatment process
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**17. Telehealth consent forms should address the following risks except**

- A. the risk of being overheard if location is not private
  - B. the risk of miscommunication between therapist and client
  - C. the risk of technical failures interrupting session
  - D. the risk of becoming friends with therapist
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**18. To be able to initiate an ethical complaint with AAMFT one must**

- A. have a AAMFT membership
  - B. have personal knowledge of the alleged behavior
  - C. have investigated against another MFT
  - D. know the chair of the ethics committee
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**19. AAMFT created competencies to:**

- A. confuse and overwhelm MFT's
  - B. create a checklist for treatment planning
  - C. improving the quality of mental health services
  - D. create a checklist for college & university programs
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**20. Regarding financial arrangements MFT's should disclose all except**

- A. fee for cancelation
  - B. the use of collection agencies
  - C. when/how copays are collected
  - D. that they withhold records until payment is made
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