Mindful Continuing Education

How Domestic Violence Impacts Children

Definitions

1. According to the Women's Resource and Rape Assistance Program, frequent exposure to violence in the home not only predisposes children to numerous social and physical problems, but also teaches them that violence is a normal way of life and increases their risk of becoming society's next generation of victims and abusers.

A. True B. False

Impact of Domestic Violence on Children

2. Each of the following is an accurate statement about the impact of domestic violence on children EXCEPT:

A. Children exposed to domestic violence are more likely than their peers to experience difficulties in school and to lack conflict resolution and problem-solving skills

B. Exposure to domestic violence has been shown be risk factors for many of the most common causes of death in the United States, including alcohol abuse, drug abuse, smoking, obesity, and more

C. Older children typically appear to exhibit higher levels of emotional and psychological distress than younger children

D. In general, boys exhibit more externalized behaviors such as aggression and acting out, while girls exhibit more internalized behaviors such as withdrawal and depression

A Trauma-Informed Approach

3. A trauma-informed approach to help children and families means that all service providers focus on promoting healing and preventing further trauma, work to identify and eliminate the abuse or violence that caused the trauma, and:

- A. Build and sustain relationships
- B. Share values and goals
- C. Establish security for all family members
- D. Understand various perspectives and processes

Integrating Differential Response Into Domestic Violence Intervention

4. Differential response is an approach to reports of child abuse or neglect which emphasizes assessment of a family's situation and a determination of whether the family can be helped with community support, while maintaining the children in the home of a close family member or friend.

A. True B. False

Collaborative Approaches

5. Despite their differences, child welfare advocates and domestic violence service providers share significant goals that can help bridge the gap between them, including ending violence against adults and children, ensuring children's safety, protecting adult victims so their children are not harmed by violence, and:

- A. Promoting parents' strengths
- B. Providing counseling, mental health, and addiction services
- C. Serving as advocates for all victims of domestic violence
- D. Increasing community awareness of the problem of domestic violence

6. A collaborative approach to working with families that experience both domestic violence and child maltreatment can help families receive more comprehensive and coordinated services, while enabling caseworkers to minimize the blaming of the adult victim, hold batterers accountable, and advocate on behalf of all family members.

A. True B. False

7. One specific strategy to build collaboration among community partners is to promote broad, meaningful engagement of women as allies in protecting their children and to empower them to end victimization.

A. True B. False

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