# Mindful Continuing Education

## Prevention, Identification, and Treatment of Domestic Violence

**1. Approximately _____ people are subject to intimate partner violence in the United States annually.**

A. 2 million
B. 5 million
C. 10 million
D. 15 million

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**2. Intimate partner violence accounts for ____ of violent crimes.**

A. 5%
B. 15%
C. 25%
D. 30%

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**3. People who belong to _____ have a higher risk of experiencing IPV victimization.**

A. a racial or ethnic minority
B. a sexual minority
C. a religious cult
D. a sorority

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**4. _____ of abusers have no criminal record and are generally law-abiding outside the home.**

A. 15%
B. 30%
C. 60%
D. 90%

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**5. Frequent traits seen among people who are perpetrators include all except**

A. minimizing violence
B. objectifying victim
C. acceptin accountability
D. blaming external causes

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**6. The commonality among all abusive relationships is**

A. there are none, every relationship is different
B. the tactics used by the perpetrator to gain and maintain power and control
C. threats of sexual assault
D. controling the finances

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**7. The majority of people with mental illness are**

A. IPV perpetrators
B. not violent
C. also substance users
D. poor parents

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**8. Forbidding or preventing a partner from eating or sleeping is an example of**

A. physical abuse
B. emotional abuse
C. financial abuse
D. coercion

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**9. Threatening a partner's children and pets is an example of**

A. physical abuse
B. emotional abuse
C. financial abuse
D. coercion

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**10. Forcing one's partner to watch pornography is an example of**

A. physical abuse
B. emotional abuse
C. sexual coercion
D. sexual abuse

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**11. Giving partner drugs or alcohol to "loosen up" their inhibitions is an example of**

A. physical abuse
B. emotional abuse
C. sexual coercion
D. sexual abuse

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**12. Intentionally becoming pregnant against partner's wishes is an example of**

A. sexual abuse
B. reproductive coercion
C. sexual coercion
D. emotional abuse

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**13. Couples therapy is appropriate and most successful to use with which type of violence?**

A. situational couple violence
B. intimate terrorism
C. violent resistance
D. mutual violence control

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**14. Which type of intimate partner violence is when both partners use violence against each other in an attempt to establish power and control in the relationship?**

A. intimate terrorism
B. mutual violence control
C. violent resistance
D. common couple violence

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**15. The most dangerous time for a victim of domestic violence is**

A. when their abuser has been drinking
B. when the family finances are meager
C. when they try and fight back
D. when they are leaving their abuser

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**16. Prior to the COVID-19 pandemic there had been a ____ in women's risk of both lethal and non-lethal IPV.**

A. minor increase
B. decrease
C. no change
D. major increase

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**17. Mandated reporting laws were put into place to protect vulnerable people but**

A. they deter victims from seeking help.
B. family members are exempt
C. friends are exempt
D. victims can decline the mandated report being submitted

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**18. The most important piece of assessment prior to beinging couple's treatment for IPV is**

A. safety assessment
B. mental health assessment
C. substance use assessment
D. referral needs assessment

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**19. _____ is based on a solutions focus treatment model, and therapists are encouraged to build on client strengths and help them develop non-violent conflict resolution strategies.**

A. DVFCT
B. BCT
C. CBT
D. CHRP

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**20. _____ is a military-specific and intimate partner violence prevention program.**

A. Behavioral Couples Therapy
B. No Kids in the Middle
C. Creating healthy relationships program
D. Strength at Home Couples

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**21. _____ was created for low income, low literacy couples.**

A. Behavioral Couples Therapy
B. DVFCT
C. Creating Healthy Relationships Program
D. No Kids in the Middle

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**22. _____ was one of the earliest IPV perpetrator treatment programs.**

A. CBT
B. Motivational Interviewing
C. The Duluth Model
D. Dialectical Behavior Therapy

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**23. When perpetrators are court mandated or struggling to accept responsibility, this may be the best form of treatment.**

A. CBT
B. Motivational Interviewing
C. The Duluth Model
D. Dialectical Behavior Therapy

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**24. Children who witness intimate partner violence are also more likely to experience**

A. PTSD
B. emotional abuse
C. anxiety
D. physical abuse

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**25. The first _____ years of a child's life are key for developing secure attachments with caregivers**

A. 1
B. 2
C. 3
D. 4

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**26. They have more contact with children than any other service.**

A. doctors
B. nurses
C. grandparents
D. teachers

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**27. The ability to navigate through adversity successfully is**

A. resilience
B. self-esteem
C. motivation
D. secure attachment

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**28. This type of abuse was an added challenge during the pandemic when many organizations shifted to remote services.**

A. financial abuse
B. digital abuse
C. stalking
D. physical abuse

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**29. Websites with these allows the user to quickly close the site.**

A. pop-up window
B. chat box
C. modal window
D. quick escape button

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**30. Who has an important role in how they depict intimate partner violence and in influencing how viewers perceive victims and perpetrators?**

A. media representatives
B. school
C. shelters
D. law enforcement

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