

# Mindful Continuing Education

## Prevention, Identification, and Treatment of Domestic Violence

**1. Approximately \_\_\_\_\_ people are subject to intimate partner violence in the United States annually.**

- A. 2 million
  - B. 5 million
  - C. 10 million
  - D. 15 million
- 

**2. Intimate partner violence accounts for \_\_\_\_\_ of violent crimes.**

- A. 5%
  - B. 15%
  - C. 25%
  - D. 30%
- 

**3. People who belong to \_\_\_\_\_ have a higher risk of experiencing IPV victimization.**

- A. a racial or ethnic minority
  - B. a sexual minority
  - C. a religious cult
  - D. a sorority
- 

**4. \_\_\_\_\_ of abusers have no criminal record and are generally law-abiding outside the home.**

- A. 15%
  - B. 30%
  - C. 60%
  - D. 90%
- 

**5. Frequent traits seen among people who are perpetrators include all except**

- A. minimizing violence
  - B. objectifying victim
  - C. accepting accountability
  - D. blaming external causes
-

**6. The commonality among all abusive relationships is**

- A. there are none, every relationship is different
  - B. the tactics used by the perpetrator to gain and maintain power and control
  - C. threats of sexual assault
  - D. controlling the finances
- 

**7. The majority of people with mental illness are**

- A. IPV perpetrators
  - B. not violent
  - C. also substance users
  - D. poor parents
- 

**8. Forbidding or preventing a partner from eating or sleeping is an example of**

- A. physical abuse
  - B. emotional abuse
  - C. financial abuse
  - D. coercion
- 

**9. Threatening a partner's children and pets is an example of**

- A. physical abuse
  - B. emotional abuse
  - C. financial abuse
  - D. coercion
- 

**10. Forcing one's partner to watch pornography is an example of**

- A. physical abuse
  - B. emotional abuse
  - C. sexual coercion
  - D. sexual abuse
- 

**11. Giving partner drugs or alcohol to "loosen up" their inhibitions is an example of**

- A. physical abuse
  - B. emotional abuse
  - C. sexual coercion
  - D. sexual abuse
-

**12. Intentionally becoming pregnant against partner's wishes is an example of**

- A. sexual abuse
  - B. reproductive coercion
  - C. sexual coercion
  - D. emotional abuse
- 

**13. Couples therapy is appropriate and most successful to use with which type of violence?**

- A. situational couple violence
  - B. intimate terrorism
  - C. violent resistance
  - D. mutual violence control
- 

**14. Which type of intimate partner violence is when both partners use violence against each other in an attempt to establish power and control in the relationship?**

- A. intimate terrorism
  - B. mutual violence control
  - C. violent resistance
  - D. common couple violence
- 

**15. The most dangerous time for a victim of domestic violence is**

- A. when their abuser has been drinking
  - B. when the family finances are meager
  - C. when they try and fight back
  - D. when they are leaving their abuser
- 

**16. Prior to the COVID-19 pandemic there had been a \_\_\_\_ in women's risk of both lethal and non-lethal IPV.**

- A. minor increase
  - B. decrease
  - C. no change
  - D. major increase
- 

**17. Mandated reporting laws were put into place to protect vulnerable people but**

- A. they deter victims from seeking help.
  - B. family members are exempt
  - C. friends are exempt
  - D. victims can decline the mandated report being submitted
-

**18. The most important piece of assessment prior to bringing couple's treatment for IPV is**

- A. safety assessment
  - B. mental health assessment
  - C. substance use assessment
  - D. referral needs assessment
- 

**19. \_\_\_\_\_ is based on a solutions focus treatment model, and therapists are encouraged to build on client strengths and help them develop non-violent conflict resolution strategies.**

- A. DVFACT
  - B. BCT
  - C. CBT
  - D. CHRP
- 

**20. \_\_\_\_\_ is a military-specific and intimate partner violence prevention program.**

- A. Behavioral Couples Therapy
  - B. No Kids in the Middle
  - C. Creating healthy relationships program
  - D. Strength at Home Couples
- 

**21. \_\_\_\_\_ was created for low income, low literacy couples.**

- A. Behavioral Couples Therapy
  - B. DVFACT
  - C. Creating Healthy Relationships Program
  - D. No Kids in the Middle
- 

**22. \_\_\_\_\_ was one of the earliest IPV perpetrator treatment programs.**

- A. CBT
  - B. Motivational Interviewing
  - C. The Duluth Model
  - D. Dialectical Behavior Therapy
- 

**23. When perpetrators are court mandated or struggling to accept responsibility, this may be the best form of treatment.**

- A. CBT
  - B. Motivational Interviewing
  - C. The Duluth Model
  - D. Dialectical Behavior Therapy
-

**24. Children who witness intimate partner violence are also more likely to experience**

- A. PTSD
  - B. emotional abuse
  - C. anxiety
  - D. physical abuse
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**25. The first \_\_\_\_\_ years of a child's life are key for developing secure attachments with caregivers**

- A. 1
  - B. 2
  - C. 3
  - D. 4
- 

**26. They have more contact with children than any other service.**

- A. doctors
  - B. nurses
  - C. grandparents
  - D. teachers
- 

**27. The ability to navigate through adversity successfully is**

- A. resilience
  - B. self-esteem
  - C. motivation
  - D. secure attachment
- 

**28. This type of abuse was an added challenge during the pandemic when many organizations shifted to remote services.**

- A. financial abuse
  - B. digital abuse
  - C. stalking
  - D. physical abuse
- 

**29. Websites with these allows the user to quickly close the site.**

- A. pop-up window
  - B. chat box
  - C. modal window
  - D. quick escape button
-

**30. Who has an important role in how they depict intimate partner violence and in influencing how viewers perceive victims and perpetrators?**

- A. media representatives
  - B. school
  - C. shelters
  - D. law enforcement
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