

# Mindful Continuing Education

## Sexual Harassment Prevention

**1. Read the description below and determine how this situation should be categorized: Carlos travels frequently for work. On one trip to an exotic location, he asks his assistant Nikki to accompany him for work purposes. While on the trip Carlos and Nikki socialize. At one point Carlos tells Nikki he really enjoys having her accompany him. He takes her hand and implies that there may be more opportunities to travel to appealing destinations, then he tries to kiss her.**

- A. This is not sexual harassment because Nikki has not asked Carlos to stop.
  - B. This is a hostile work environment because Carlos is touching Nikki without consent.
  - C. This is quid pro quo sexual harassment because Carlos has implied there will be a benefit to Nikki (interesting travel opportunities) as he initiated sexual advances.
  - D. We don't have enough information because we don't know how Nikki feels about Carlos
- 

**2. What is the most effective way to prevent sexual harassment in the workplace?**

- A. Having a diverse workforce with a good balance of men and women.
  - B. Enforcing strict policies against sexual harassment.
  - C. Providing bystander training.
  - D. Keeping men and women segregated.
- 

**3. What is the most common type of sexual harassment?**

- A. Gender harassment
  - B. Quid pro quo
  - C. Unwanted attention (excessive touching, requests for dates, etc.)
  - D. Viewing pornography at work.
- 

**4. Which group is the most frequent target of sexual harassment?**

- A. Gay men
  - B. Women
  - C. Teenagers
  - D. Minority women
- 

**5. What is the first step to take if you experience sexual harassment?**

- A. Contact the EEOC.
  - B. If it is safe, ask the harasser to stop the behavior.
  - C. Set a meeting with human resources.
  - D. Ignore the issue
-

Copyright © 2025 Mindful Continuing Education

Visit us at <https://www.mindfulceus.com>