

Mindful Continuing Education

Treatment of Men and Women Who Have Experienced Intimate Partner Violence

1. Which of the following best explains why economic control is a significant dynamic in abusive relationships?

- A. Economic control involves abusers sabotaging employment opportunities to impair the survivor's financial independence.
 - B. Economic control refers to abusers preventing survivors from having access to education opportunities.
 - C. Economic control includes abusers forcing survivors to handle all financial responsibilities to induce stress.
 - D. Economic control involves survivors willingly giving up financial independence due to emotional manipulation.
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2. What is a key consideration when using the HITS (Hurt, Insult, Threaten, Scream) assessment tool in IPV screening?

- A. It is comprehensive and captures all forms of intimate partner violence.
 - B. It is brief and useful for quick implementation, but may require cultural sensitivity in its use.
 - C. It can be used without adaptation in all cultural contexts.
 - D. It should be used without additional tools for an efficient assessment.
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3. How does attachment theory contribute to understanding the dynamics of intimate partner violence (IPV)?

- A. It emphasizes that all IPV perpetrators stem from insecure attachment styles.
 - B. It clarifies that only disorganized attachment styles correlate with IPV perpetration.
 - C. It highlights that anxious and avoidant attachment styles are often correlated with engagement in IPV.
 - D. It shows that secure attachment styles mitigate all risks of IPV.
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4. What role does trauma-informed care play in interventions for survivors of Intimate Partner Violence (IPV)?

- A. It focuses solely on addressing cultural sensitivity without regard to psychological trauma.
 - B. It ensures that all interventions ignore the trauma history to focus on immediate actions.
 - C. It prioritizes the victim's safety, autonomy, and empowerment to minimize re-traumatization.
 - D. It emphasizes a legal approach as the primary intervention with less focus on psychological care.
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5. Which of the following best describes why collaboration between social workers and law enforcement is crucial in addressing IPV?

- A. Collaboration ensures that only one agency leads the intervention process.
 - B. Collaboration helps in conducting joint risk assessments, enhancing support for IPV survivors.
 - C. Collaboration allows social workers to work independently without law enforcement input.
 - D. Collaboration prevents law enforcement from being directly involved in IPV cases.
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6. How does Mark's insecure attachment style influence his ability to leave an abusive relationship with Susan?

- A. It makes him feel worthy of love and increases his confidence in leaving.
 - B. It leads him to tolerate emotional abuse and fear abandonment.
 - C. It motivates him to develop healthy relationships and seek help immediately.
 - D. It prompts him to detach emotionally from the relationship.
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7. What trauma-informed intervention can help Mark process the emotional impact of Susan's abuse while rebuilding his identity?

- A. Using strength-based counseling for immediate safe exit strategies.
 - B. Applying mindfulness without addressing underlying traumas.
 - C. Utilizing Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and mindfulness.
 - D. Providing only emergency shelter solutions.
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8. What key component of trauma-informed care supports IPV survivors in regaining autonomy and resilience?

- A. Emphasizing a one-size-fits-all approach to interventions.
 - B. Providing resources indiscriminately without regard to individual needs.
 - C. Fostering a nonjudgmental environment that promotes emotional safety.
 - D. Focusing solely on perpetrator accountability.
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9. Which strategy can empower IPV survivors like Mark to achieve economic independence as part of their recovery?

- A. Encouraging dependence on community resources without personal growth.
 - B. Providing trauma-informed employment services focused on unique survivor needs.
 - C. Mandating participation in generalized workforce development programs.
 - D. Focusing on immediate job placement without addressing trauma impacts.
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10. What ethical consideration should therapists like those working with Mark keep in mind to avoid conflicts of interest?

- A. Providing joint sessions for Mark and his children despite potential conflicts.
 - B. Disregarding NASW guidelines when treating multiple family members.
 - C. Maintaining a clear therapeutic alliance with Mark while referring children to separate therapists.
 - D. Engaging in dual relationships to improve family dynamics.
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